

# INDEPENDENT CATERING



Made in your school kitchen! We prepare and cook all our menu items, so you need to know the ingredients - please ask  
All our meals are made daily from fresh locally sourced and seasonal produce from Kent

## MONDAY 2ND JANUARY

## TUESDAY 3RD JANUARY

## WEDNESDAY 4TH JANUARY

## THURSDAY 5TH JANUARY

## FRIDAY 6TH JANUARY



Holiday

Oven Baked Sausages Served with Jacket Potato Wedges (1, 8)

Roast Chicken served with Sage and Onion Stuffing (1, 7, 8, 9)

Beef Lasagne served with Wholemeal Garlic Bread

Battered Cod (1, 4)



Holiday

Mixed Vegetable Paella (10)

Cheese and Leek Pie (1, 9)

Shepherdess Pie

Mixed Vegetable and Chickpea Fajitas (1)



Holiday

Homemade Tomato Pasta (1)

Pesto Pasta (1, 9, 14)



Holiday

Jacket Potato beans & Cheese

Tuna Mayo Jacket Potato



Holiday

Baked Beans or Sweetcorn and Fresh Carrots

Roast Potatoes, Fresh Carrots and Fresh Cabbage

Chefs Mixed Salad and Fresh Broccoli

Chips, Baked Beans, Garden Peas



Holiday

American Pancakes and Peaches (1, 7, 9)

Chocolate Sponge and Chocolate Sauce (1, 7, 9)

Fruits of the Forest Cheesecake (1, 8, 9)

Fruity Friday

**AVAILABLE DAILY - HOMEMADE BREAD • FRUITY YOGHURT • CHEESE & BISCUITS • FRESH SALAD BAR**

## ALLERGEN KEY

1 Cereals containing gluten  
2 Crustaceans  
3 Molluscs

4 Fish  
5 Peanuts  
6 Nuts

7 Eggs  
8 Soybeans  
9 Milk

10 Celery  
11 Mustard  
12 Lupin

13 Sesame  
14 Sulphur Dioxide



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## MONDAY 9TH JANUARY

## TUESDAY 10TH JANUARY

## WEDNESDAY 11TH JANUARY

## THURSDAY 12TH JANUARY

## FRIDAY 13TH JANUARY



Oriental Chicken served with Noodles (1, 7, 8)

Homemade Pork Meatballs in a Chunky Tomato Sauce served with Rice (1, 7)

Roast British Beef and Yorkshire Pudding (1, 7, 9)

British Lamb Shepherd's Pie (9)

Hot Dog in a Roll (1, 8)



Cauliflower, Leek and Potato Gratin (1, 9)

Mixed Bean Quesadillas with Baked Potato Wedges (1, 9)

Wholemeal Mixed Pepper Quiche (1, 7, 9)

Jerk Roast Vegetables served with Rice

Vegetarian Sausage in a Roll (1, 7, 9)



Fresh Tomato and Basil Pasta Bows (1)

Spinach and Feta Cheese Pasta (1,9)

Macaroni Cheese (1, 9)

Homemade Tomato Sauce and Pasta Bows (1, 9)



Chilli beef Jacket Potato

Tuna & sweetcorn Jacket Potato



Fresh Stir Fry Vegetables, Green Beans

Fresh Broccoli and Sweetcorn

Roast Potatoes, Swede, Fresh Carrots and Garden Peas

Fresh Leek and Cabbage Medley, Fresh Carrots

Chips, Beans and Chefs Salad, Braised Onions



Apple Crumble and Custard (1, 7, 8, 9)

Apricot Flapjack (1, 14)

Syrup Sponge and Custard (1, 7, 8, 9)

Chocolate Krispie Cake (1)

Fruity Friday

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## MONDAY 16TH JANUARY

## TUESDAY 17TH JANUARY

## WEDNESDAY 18TH JANUARY

## THURSDAY 19TH JANUARY

## FRIDAY 20TH JANUARY



Chicken Tikka Masala and Rice served with Popadums (1, 9)

British Beef and Fresh Mixed Vegetable Hotpot

British Roast Pork with Apple Sauce

Chicken Fajita (1)

100% Cod Fish Fingers (1, 4)



Vegetable and Lentil Bake with a Wholemeal Topping (1)

Mixed Pepper and Bean Burrita with a Tomato Salsa (1, 9)

Winter Vegetable Savoury Pinwheel (1, 9)

Roast Vegetable Pitta Pockets (1)

Homemade Cheese and Onion Pasty (1, 9)



Cheesy Penne Pasta (1, 9)

Creamy Tomato Fusilli (1, 9)

Tomato and Basil Pasta Bows (1)



Cheese Jacket Potato

Baked beans Jacket Potato



Cauliflower Bhaji (1), Garden Peas

Fresh Carrots and Green Beans

Roast Potatoes, Roast Parsnips, Butternut Squash and Broccoli

Herby Diced Potatoes, Homemade Tomato Salsa and Sweetcorn

Chips, Baked Beans and Garden Peas



Banana Sponge and Custard (1, 7, 8, 9)

Lemon Drizzle Cake (1, 7)

Jam Roly Poly and Custard (1, 7, 8, 9)

Wholemeal Oat Cookie (1)

Fruity Friday

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## MONDAY 23RD JANUARY



Spaghetti Bolognese and  
Wholemeal Garlic Bread  
(1, 8, 9, 10)



Red Pepper and Onion Tortilla  
(1)



Cheese and Bacon Tagliatelle  
(1, 9)



Chefs Salad, Fresh Broccoli



Lattice Jam Tart and Custard  
(1, 7, 8, 9)



## TUESDAY 24TH JANUARY

Ham and Cheese Pizza  
(1, 7, 8, 9)

Vegetable Biryani

Spaghetti hoops Jacket  
Potato

Jacket Wedges, Sweetcorn  
Fruity Coleslaw (7, 9, 11, 14)

Homemade Chocolate Mousse  
(9)

## WEDNESDAY 25TH JANUARY

English Roast Lamb  
with Mint sauce

Cheese and Tomato Quiche  
(1, 7, 9)

Homemade Tomato Fusilli (1)

Roast Potatoes, Fresh Carrots  
and Cabbage

St Clements Sponge and  
Custard (1, 7, 8, 9)

## THURSDAY 26TH JANUARY

Piri Piri Chicken and Rice

Spinach and Mushroom Lasagne  
(1, 9)

Arrabiata Pasta (1)

Tuna Jacket Potato

Fresh Local Cauliflower,  
Garden Peas

Blueberry Muffin (1, 7)

## FRIDAY 27TH JANUARY

Beef Burger in a Bun (1, 9, 14)

Homemade Vegetarian  
Burger in a Bun (1, 7, 9)

Salmon and Sweetcorn  
Pasta Bows (1, 4, 7, 9)

Chips, Baked Beans,  
Chunky Slaw (7, 9, 11)

Fruity Friday

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## MONDAY 30TH JANUARY

## TUESDAY 31ST JANUARY

## WEDNESDAY 1ST FEBRUARY

## THURSDAY 2ND FEBRUARY

## FRIDAY 3RD FEBRUARY



Toad in the Hole, Mashed Potatoes and Gravy (1, 7, 8, 9)

Braised Beef and Vegetables served with a Pastry Top (1, 9)

British Roast Gammon and Pineapple Slices

Honey Soy Chicken with Special Fried Rice, Mini Pancake Roll (1, 8)

Battered Cod (1, 4)



Sweet Chilli Vegetables and Noodles (1, 9, 14)

Vegetable Korma and Wholemeal Rice

Melty (Cheesy) Mushroom Plait (1, 9)

Vegetable Chop Suey with Mini Spring Roll and Vegetable Samosas (1, 8)

Mexican Style Tacos and Salsa Dip (1)



Chunky Tomato Fusilli (1)

Creamy Tomato Penne Pasta (1, 9)

Mediterranean Vegetable Pasta (1)



Cheese Jacket Potato

Tuna & Mayo Jacket Potato



Sweetcorn and Fresh Savoy Cabbage

Fresh Carrots and Garden Peas

Roast Potatoes, Fresh Cauliflower and Broccoli

Pak Choi with Peas and Prawn Crackers (2)

Chips, Baked Beans, Mushy Peas



Banoffi Pie (1, 8, 9)

Homemade Cherry Mousse with a Popcorn Topping (9)

Sticky Ginger Cake and Custard (1, 7, 8, 9)

Mandarins and Ice Cream (9)  
The Year of the Rooster

Fruity Friday

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## MONDAY 6TH FEBRUARY

## TUESDAY 7TH FEBRUARY

## WEDNESDAY 8TH FEBRUARY

## THURSDAY 9TH FEBRUARY

## FRIDAY 10TH FEBRUARY



Chicken in a BBQ Sauce (14)

Beef Cannelloni and Wholemeal Garlic Bread (1, 9)

Roast Chicken served with Sage and Onion Stuffing (1)

Mild Chilli Con Carne served with Rice and Nachos (1)

Homemade Sausage Roll (1, 9)



Vegetarian Toad in the Hole (1, 7, 9)

Moroccan Spiced Vegetable Cous Cous (1)

Winter Vegetable Wholemeal Pie (1, 9)

Cheese and Tomato Calzone (1, 9)

Spanish Omelette (7, 9)



Macaroni Cheese (1, 9)

Vegetable Bolognese Pasta (1)

Pesto Pasta Bows (1, 9)



Beans & Cheese Jacket Potato

Tuna & Sweetcorn Jacket Potato



Herby Potatoes, Fresh Cauliflower and Garden Peas

Fresh Broccoli and Sweetcorn

Roast Potatoes, Fresh Carrots and Cabbage

Fresh Tomato Salsa, Chefs Mixed Salad, Green Beans

Chips, Baked Beans, Homemade Coleslaw (7, 9, 11)



Squidgy Chocolate and Pear Pudding and Chocolate Sauce (1, 7, 9)

Apricot Cup Cake (1, 7, 14)

Sticky Toffee Apple Crumble and Custard (1, 7, 8, 9)

Pineapple Upside Down Cake and Custard (1, 7, 8, 9)

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